Independent Living Connection - **Held at Hawkswood in Eatontown**

CLASS SCHEDULE - **red indicates no class**

MONDAY :
Dress for Success 8:30 – 11:30 / **Life Skills Lunch** 11:30 – 12:30 /**Enjoying my space** 12:30 – 3:*30*
*Spring Session: March 12, 19, 26, April 2, 9, 16, 23, 30, May 7, 14, 21, **28,** June 4, 11,*

TUESDAY:
I can deal w/that 8:30 – 11:30 / **Life Skills Lunch** 11:30 – 12:30 / **CommunityService** 12:30 – 3:30
*Spring Session: March 13, 20, 27, April 3, **10,** 17, 24, May 1, 8, 15, 22, 29, June 5, 12*

WEDNESDAY:
Getting Ready for a Job 8:30 – 11:30 / **LSL** 11:30 – 12:30 / **Every Day Money Advanced** *12:30 – 3:30*
*Spring Session: March 14, 21, 28, April 4, **11,** 18, 25, May 2, 9, 16, 23, 30, June 6, 13*

THURSDAY:
Ready to Go 8:30 – 11:30 / **Life Skills Lunch** 11:30 – 12:30 / **Enjoying My Space** 12:30 – 3:30
*Spring Session: March 15, 22, 29, April 5, **12,** 19, 26, May 3, 10, 17, 24, 31, June 7, 14*

FRIDAY:
Leadership / Personal Development 8:30 – 11:30 / **LSL** 11:30 – 12:30 / **Advanced Life Skills** 12:30 – 3:30
*Spring Session: March 16, 23, 30, April **6, 13,** 20, 27, May 4, 11, 18, 25, June 1, 8, 15,*

Real Life Connections Class - **Held at FRA in Shrewsbury**

CLASS SCHEDULE - **Red indicates no class**

MONDAY
Social Scene 10 – 12pm / **Life Skills Lunch** 12 – 1pm / **Self Expression** 1 – 3pm
*Spring Session: March 19, 26, April 2, **9**, 16, 23, 30, May 7, 14, 21, **28,** June 4, 11*

TUESDAY – held at Boys and Girls Club, Asbury, NJ
STEP Program 9– 3pm
*Spring Session: March 13, 20, 27, April **3,** 10, **17,** 24, May 1, 8, 15, 22, 29, June 5, 12*

WEDNESDAY
Self-Awareness (YOGA) 9 – 10am
Picture This 10 – 12 / **Life Skills Lunch** 12 – 1pm / **Games to Play** 1 – 3pm
*Spring Session: March 14, 21, 28, April 4, **11**, 18, 25, May 2, 9, 16, 23, 30, June 6*

THURSDAY
Self-Awareness (YOGA) 9 – 10am /
Picture This 10 – 12 / **Life Skills Lunch** 12 – 1pm / **Games to Play** 1 – 3pm
*Spring Session: March 15, 22, 29, April 5, **12**, 19, 26, May 3, 10, 17, 24, 31, June 7*