



PossAbilities  
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Greetings Families,

I hope this finds you and your loved ones doing well during these uncertain times. As we move forward, attached you will find our summer class schedule. Our summer session has been extended. It will be an 8 week session, starting July 6 and ending August 27.

At this time we are uncertain whether we will be able to open our building for on-site classes this summer. **On the registration form you will need to select if you are registering for:**

- ☐ On-site classes at FRA building ONLY \*\*
- ☐ Online remote learning classes ONLY
- ☐ Both on-site and online classes

*\*\* Please keep in mind that when registering for on-site classes, we can only accommodate 12 students per class.*

As we get closer to the start of the summer session, we will be in touch about the status of opening our building and the possibility of on-site classes this summer.

Upon returning to the FRA building, students might need to wear masks. This will depend on what stage of reopening New Jersey is in at this time. As usual FRA will take every measure to keep the building safe and disinfected.

We hope to see everyone soon!

Sincerely,

Joanne Castellano  
Program Director



NAME \_\_\_\_\_

## Summer Session Registration July 6 - August 27, 2020

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	Online remote learning classes ONLY
	Both on-site and online classes

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### TECHConnection GOODS AND SERVICE CLASSES

RED BANK	Please only choose ONE goods and service class per day		
MONDAY	Fun with Microsoft Word <b>Animal Bytes</b>	10-12PM	
	Surfing the Net <b>Let's Go Surfing</b>	10-12PM	
TUESDAY	Enjoy the Power of PowerPoint <b>Animal Bytes</b>	1-3PM	
	The Art of Digital Photography <b>Picture This</b>	1-3PM	
WEDNESDAY	Writing Essentials <b>Amazing Stories</b>	10-12PM	
	Brain Fitness <b>Games and more</b>	10-12PM	
THURSDAY	Brain Fitness <b>Games and more</b>	1-3PM	
	What's News <b>What's News</b>	1-3PM	

BRICK	Please only choose ONE goods and service class per day		
MONDAY	Fun with Microsoft Word <b>Animal Bytes</b>	9-11AM	
TUESDAY	Enjoy the Power of PowerPoint <b>Animal Bytes</b>	12-2PM	
WEDNESDAY	Writing Essentials <b>Amazing Stories</b>	9-11AM	
THURSDAY	What's News <b>What's News</b>	12-2PM	

### PREVOCATIONAL CLASSES

RED BANK	Please only choose one prevocational class per day		
MONDAY	Job Related Social Skills <b>Communicating in the Workplace</b>	12:30-3PM	
	Financial Literacy <b>Everyday Money Skills</b>	12:30-3PM	
TUESDAY	Exploring Employment in Woodworking <b>Creating Products for Gifts or to Sell</b>	10-12:30PM	
	Team Building in the Workplace <b>Coping with Work</b>	10-12:30PM	
WEDNESDAY	Exploring Employment in Visual Arts <b>Self Expression</b>	12:30-3PM	
	Self-Advocacy in the Workplace <b>Communicating in the Workplace</b>	12:30-3PM	
THURSDAY	Preparing for Employment <b>Getting Ready for a Job</b>	10-12:30PM	
	Health and Wellness on the Job <b>Dress for Success</b>	10-12:30PM	

BRICK	Please only choose one prevocational class per day		
MONDAY	Job Related Social Skills <b>Communicating in the Workplace</b>	11:30-2PM	
TUESDAY	Exploring Employment in Woodworking <b>Creating Products for Gifts or to Sell</b>	9-11:30AM	
WEDNESDAY	Exploring Employment in Visual Arts <b>Self Expression</b>	11:30-2PM	
THURSDAY	Preparing for Employment <b>Getting Ready for a Job</b>	9-11:30AM	

## SUMMER SESSION: July 6 - August 27, 2020

### RED BANK

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
10-12PM	10-12PM	10-12:30PM	10-12:30PM	10-12PM	10-12PM	10-12:30PM	10-12:30PM
Fun with Microsoft Word Animal Bytes	Surfing the Net Let's Go Surfing	Exploring Employment in Woodworking Creating Products	Team Building in the Workplace Coping with work	Writing Essentials Amazing Stories	Brain Fitness Games and more	Preparing for Employment Getting Ready for a Job	Health and Wellness on the Job Dress for Success
12:30-3PM	12:30-3PM	1-3PM	1-3PM	12:30-3PM	12:30-3PM	1-3PM	1-3PM
Job Related Social Skills Communicating in the Workplace	Financial Literacy Everyday Money Skills	Enjoy the Power of PowerPoint Animal Bytes	The Art of Digital Photography Picture This	Exploring Employment in Visual Arts Self Expression	Self-Advocacy in the Workplace Communicating in the Workplace	Brain Fitness Games and more	What's News What's News

### BRICK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9-11AM	9-11:30AM	9-11AM	9-11:30AM
Fun with Microsoft Word Animal Bytes	Exploring Employment in Woodworking Creating Products	Writing Essentials Amazing Stories	Preparing for Employment Getting Ready for a Job
11:30-2PM	12-2PM	11:30-2PM	12-2PM
Job Related Social Skills Communicating in the Workplace	Enjoy the Power of PowerPoint Animal Bytes	Exploring Employment in Visual Arts Self Expression	What's News What's News

# TECH Connection – Goods and Services – Adult Classes

**GOODS AND SERVICES can be utilized for a maximum of 3 HOURS A DAY to a MAXIMUM OF 10 HOURS PER WEEK.**  
**This includes all the Goods and Services used with all providers under DDD budgets.**  
**(Class names in red are DDD approved through the E/I-record)**

## **Brain Fitness Games and more**

Students will explore a variety of web based exercises and apps to engage in activities that strengthen memory, learning style, thinking and reasoning skills, and more.

**Goal:** *Promote independence and life skills toward employment by working on following directions, staying on task, understand sequencing, producing ideas and communicating effectively*

## **Enjoy the power of Microsoft PowerPoint Animal Bytes**

Through a variety of computer activities, students will practice using *Microsoft Excel*. This course will build upon students' abilities to follow directions, stay on task, and increase creative thinking skills while learning on the computer. Students will create slide presentations on a variety of interest based topics.

**Goal:** *Promote independence and life skills toward employment*

## **Fun with Microsoft Word Amazing stories**

Through a variety of computer activities, students will practice using *Microsoft Word*. This course will build upon students' abilities to follow directions, stay on task, and increase creative thinking skills while learning on the computer. Through various projects and activities, students will practice copy and pasting, changing font size and color, inserting graphics, and much more.

**Goal:** *Promote independence and life skills toward employment*

## **Surfing the Net Let's go surfing**

Students will explore ways to search and navigate the internet while being mindful of virus protection. Students will gain experience in a variety of internet sites to build upon their specific interests. Students will also explore ways to research current events in the community and world using various internet resources.

**Goals:** *Acquire, retain and improve self-help, socialization and adaptive skills to live in home or community. Promote independence and life skills toward employment.*

## **The Art of Digital Photography Picture this!**

Students will practice taking pictures on a variety of devices including iPhones, tablets, and digital cameras. Students will explore the skills necessary for composition, cropping, and lighting. Using photos taken in class, students will then practice sharing photos on social media, storing photos on the computer, and creating digital photo books.

**Goals:** *Acquire, retain and improve self- help, socialization and adaptive skills to live in home or community. Promote independence and life skills toward employment*

## **What's News? What's news?**

Students will utilize the internet to research current events involving world, community, environmental, political, sports, leisure, and entertainment news.

**Goals:** *Acquire, retain and improve self- help, socialization and adaptive skills to live in home or community. Promote independence and life skills toward employment*

## **Writing Essentials Amazing stories**

Have fun with writing! Students will utilize computers, iPads, and pen and paper to gain stronger vocabulary, develop effective writing skills, and increase their desire to read.

**Goal:** *Promote independence and life skills toward employment*

# DDD ADULT Pre-Vocational Classes

Up to 30 hours per week for one year – DDD Approved  
(Class names in red are DDD approved through the E/I-record)

## **Exploring Employment in Visual Arts** **Self Expression**

Students will cultivate their talents and skills in the world of visual arts. Students will explore and practice making goods in the areas of ceramics, textiles, printmaking, and painting.

## **Exploring Employment in Woodworking** **Creating Products for Gifts or to Sell**

Students will explore ways to make products from wood pallets. Students will be exposed to the steps of the woodworking process while creating useful, functional, and attractive products. Students will have opportunities to explore masonry shops and interact with workers in the field to gain a better understanding of the skills needed for employment in the field of woodworking.

## **Financial Literacy** **Everyday Money Skills**

The goal of this class is to provide students with the knowledge that will enable them to address money skills with independence. Students will complete activities where they practice and manipulate hourly wages, paychecks, time sheets, register skills, counting money, making change, budgeting, comparison shopping, reading receipts, and more.

## **Health and Wellness on the Job** **Dress for Success**

Students will learn about the impact of health and wellness on their personal lives and employment. Students will explore the ways that employment can be impacted by physical and mental health. Throughout the course, students will explore the importance of a healthy lifestyle, including the ability to manage stress and the impact that relationships have on personal health and wellness. Students will identify appropriate hygiene, grooming and appearance for the workplace. Students will also explore the importance of eating a balanced, nutritious diet and determine appropriate leisure/recreation activities and services available.

## **Job Related Social Skills** **Communicating in the Workplace**

In this course, students will identify job responsibilities relating to appropriate dress, work schedules, and job duties. Students will practice following verbal instructions and directions from employers, managers, or co-workers. Students will also practice introducing themselves to others as well as ways to introduce other individuals to one another in a work setting. Throughout the course, students will also practice following directions in the workplace as well as giving and receiving compliments.

## **Preparing for Employment** **Getting Ready for a Job**

In this course, students will practice appropriate interview skills. Students will practice and demonstrate appropriate interview etiquette, including dress, behavior, first impressions, and eye contact. Students will also develop a personal resume, practice completing job applications, identify ways to find jobs opportunities, and evaluate their personal job skills that are transferable to competitive employment.

## **Self-Advocacy in the Workplace** **Communicating in the Workplace**

Students will demonstrate an understanding of self-advocacy skills through understanding of one's disability, learning the rights and responsibilities defined by federal law pertaining to people with disabilities, and describe individual needs. Students will explore accommodations across multiple environments appropriate to their individual needs. Students will gain knowledge about accessing appropriate community service agencies based on individual needs.

## **Team Building in the Workplace** **Coping with Work**

In this course, students will acquire skills necessary to function within a team. Students will practice ways to demonstrate the ability to communicate personal needs, wants, and pose questions within a team. Students will explore the steps necessary to complete a task within a team. Students will also practice appropriate way to solve a conflict within a team.