



PossAbilities
for people
with disAbilities™

Dear Parents,

FRA hopes you and your family is doing well. Attached you will find our 2020-2021 Dance and Karate registration paperwork. Our dance and karate classes will continue via Zoom until further notice.

Behind this letter, there is important information regarding

- **Dance and Karate registration form**
- **Personal and medical information form**
- **Photo release form**
- **Bullying policy**
- **Full year calendar**
- **Payment schedule**

As a reminder

- **One dance class per student**
- **Each student will automatically be placed in class for a full year, unless indicated**

Please make note that if you have a previous balance, we would need to rectify it prior to your student beginning class in the fall. Please reach out to Cindy Harrell with any questions about your balance at cnapoleon@frainc.org

All completed registration paperwork or questions about class registration should be sent to Alexa DellaMonica at frontdesk@frainc.org

Thank you and stay well!



Name _____

2020-2021 Recreation Registration

Please check session and class below

	Fall ONLY
	Winter ONLY
	Spring ONLY
	Full Year

RED BANK							
MONDAY	Dance with Jay		4:30-5:30PM		5:30-6:30PM		7:00-8:00PM
TUESDAY	Dance with Jay		4:30-5:30PM		5:30-6:30PM		7:00-8:00PM
WEDNESDAY	Karate with Jay		4:30-5:30PM		5:30-6:30PM		7:00-8:00PM

BRICK							
THURSDAY	Dance with Marjorie		4:30-5:30PM		5:30-6:30PM		

Personal Information

Student Full Name

Date of Birth:

Gender:

MALE ☐ FEMALE ☐

Parent/Guardian Name:

Address:

Home & Cell Phone:

Email:

Support Coordinator:

S.C. Phone:

S.C. Email:

Budg. Start & End Date:

Emergency Contact #1:

Phone Number:

Emergency Contact #2:

Phone Number:

Participants must demonstrate the ability to accept and follow reasonable rules and to behave respectfully toward others. They must also have sufficient emotional/behavioral stability and independent ability to participate in all aspects of the program.

Name of Participant:

Date:

A person over the age of 18 is considered their own legal guardian unless someone else has been appointed guardian by the courts. My son/daughter:

Self Guardian

Legal Guardian

Name of Guardian & Relationship:

Medical History

Cardiac Y ☐ N ☐ Seizures Y ☐ N ☐ Diabetic Y ☐ N ☐

Diagnosis _____

Accommodations:

Allergies

Medications and Doses:

Medical or Physical Concerns

Fears/Concerns/Behaviors (provide triggers for outbursts/behaviors and suggestions of best strategies to assist your child):



FRA PHOTO RELEASE FORM

FRA would like to use some of the photos and videos taken during dance and karate on our websites for promotional and educational publications.

Student Name: _____

- ☐ I hereby consent to and authorize FRA, to reproduce and use photographs/video/audio recordings, in any print, online, social media, social networking and audio/visual-based materials, as well as other promotional and educational publications as well as the FRA Website.
- ☐ I will allow the use of first name only to reproduce and use photographs/video/audio recordings, in any print, online, social media, FRA website, social networking and audio/visual-based materials,
- ☐ FRA can use only unidentified photos to reproduce and use photographs/video/audio recordings, in any print, online, social media, social networking, FRA Website, and audio/visual-based materials.
- ☐ I do not approve of my child's first name being used, but FRA can use unidentified photos.
- ☐ I do not approve of my child's photo or video being used in any format.

Parent / guardian: _____ Date: _____

FRA

BULLYING POLICY

POLICY: No bullying will be tolerated in any FRA classes.

Someone is bullying when they:

- make negative, unkind or hurtful comments about another person in the class
- push or purposefully crowd out another student to make them feel unwelcome in our space
- refuse to sit, dance with or be near another student in order to be hurtful and to exclude them
- try to get others to join in and gang up against the targeted person
- are trying to make others feel unwelcomed, disliked or unacceptable in any way

If a student bullies another student in the class, the following consequences will happen:

1. At all times, after each incident, the bullying student must take responsibility for their behavior and apologize to the other person for being hurtful as well as to the classmates for making them feel uncomfortable.
2. On the first occurrence, the bullying student will be given information about why and how the behavior is hurtful and unacceptable. They will be told to leave the class for 15 minutes or until that student can participate cooperatively and be accepting of all classmates.
3. Classmates will be provided with support and education about the hurtfulness bullying causes. Classmates will be given language to support the person who is the target of the bully and instruction about how caring for others is important to all.
4. If the student uses bullying behavior again in the same class, that student will be asked to leave the class for the remainder of the session. This will result in a **FIRST WARNING**.
5. If the student again creates an episode of bullying in another class, the student will again be asked to leave for 15 minutes. This will result in a **SECOND WARNING**. Additional counseling about the offensive behaviors and the hurtful consequences will be provided to the offender. Group support will be offered to the person targeted.
6. If an episode of bullying occurs in a third class, the student will be asked to leave the class. This will be the **THIRD AND FINAL WARNING**. THE STUDENT WILL THEN BE DISMISSED FROM THE CLASS FOR THE REST OF THE SEMESTER.
7. If it is observed, known, or can be proven that another student is instigating or participating in any of these behaviors that student will have the same consequences.
8. Parents will be informed of the incident and about the concerns of the staff on an ongoing basis.

**I, _____ HAVE READ AND UNDERSTAND THE
POLICY ON BULLYING. I KNOW I HAVE TO FOLLOW THE RULES IN ORDER TO BE ALLOWED TO
STAY IN THE CLASS.**

STUDENT SIGNATURE: _____ DATE: _____

AGENCY REPRESENTATIVE: _____ DATE: _____

FRA Dance & Karate

2020-2021 Dance & Karate Calendar

September '20						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October '20						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November '20						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December '20						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January '21						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February '21						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March '21						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April '21						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May '21						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June '21						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July '21						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August '21						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

	Fall Dance & Karate
	Winter Dance & Karate
	Spring Dance & Karate
	Summer Karate
	Closed/Holidays

2020-2021 Recreation Payment Schedule

FALL

Class:	<u>Dance</u>	<u>Karate</u>
Full Session Cost:	\$210	\$280
Payment Deadline:	9/11/2020	9/11/2020

WINTER

Class:	<u>Dance</u>	<u>Karate</u>
Full Session Cost:	\$180	\$240
Payment Deadline:	1/1/2021	1/1/2021

SPRING

Class:	<u>Dance</u>	<u>Karate</u>
Full Session Cost:	\$165	\$220
Payment Deadline:	4/2/2021	4/2/2021

SUMMER

Class:	<u>Dance</u>	<u>Karate</u>
Full Session Cost:	N/A	\$160
Payment Deadline:	N/A	7/2/2021